



zamp **HELMET SIZING CHART**

ADULT SIZES

	X-SMALL	SMALL	MEDIUM	LARGE	X-LARGE	XX-LARGE	XXX-LARGE
CM	54cm	56cm	58cm	60cm	62cm	63cm	64cm
INCHES	21.25"	22"	22.83"	23.62"	24.4"	24.8"	25.20"
HAT SIZE	6 3/4	7	7 1/4	7 1/2	7 3/4	7 7/8	8

YOUTH SIZES

	52	54	56	57
CM	52cm	54cm	56cm	57cm
INCHES	20.5"	21.25"	22"	22.44"
HAT SIZE	6 1/2	6 3/4	7	7 1/8

