



MEN'S APPAREL SIZE CHART (INCHES)												
Euro Size	42	44	46	48	50	52	54	56	58	60	62	64
International Size	XXS	XS	S	M	L	XL	XXL	3XL	4XL			
U.S. Size	32	34	36	38	40	42	44	46	48	50	52	54
U.S. Pant Size	26	28	30	32	34	36	38	40	42	44	46	48

A. Chest (Inches)	32 1/4 - 33 1/4	33 1/4 - 35 1/4	35 1/4 - 37 1/4	37 1/4 - 38 1/4	38 1/4 - 40 1/4	40 1/4 - 41 1/4	41 1/4 - 43 1/4	43 1/4 - 44 1/4	44 1/4 - 46 1/4	46 1/4 - 48 1/4	48 1/4 - 49 1/4	49 1/4 - 51 1/4
B. Waist (Inches)	26 1/4 - 28 1/4	28 1/4 - 29 1/4	29 1/4 - 31 1/4	31 1/4 - 33 1/4	33 1/4 - 34 1/4	34 1/4 - 36 1/4	36 1/4 - 37 1/4	37 1/4 - 39 1/4	39 1/4 - 41 1/4	41 1/4 - 42 1/4	42 1/4 - 44 1/4	44 1/4 - 45 1/4
C. Hip (Inches)	32 1/4 - 34 1/4	34 1/4 - 35 1/4	35 1/4 - 37 1/4	37 1/4 - 39 1/4	39 1/4 - 40 1/4	40 1/4 - 42 1/4	42 1/4 - 43 1/4	43 1/4 - 45 1/4	45 1/4 - 46 1/4	46 1/4 - 48 1/4	48 1/4 - 50 1/4	50 1/4 - 51 1/4
D. Thigh (Inches)	19 1/4 - 20 1/4	20 1/4 - 21 1/4	21 1/4 - 22 1/4	22 1/4 - 23 1/4	23 1/4 - 24 1/4	24 1/4 - 25 1/4	25 1/4 - 26 1/4	26 1/4 - 27 1/4	27 1/4 - 28 1/4	28 1/4 - 29 1/4	29 1/4 - 30 1/4	30 1/4 - 31 1/4
E. Inseam (Inches)	28 1/4 - 29 1/4	29 1/4 - 30 1/4	30 1/4 - 31 1/4	31 1/4 - 32 1/4	32 1/4 - 33 1/4	33 1/4 - 34 1/4	34 1/4 - 35 1/4	35 1/4 - 36 1/4	36 1/4 - 37 1/4	37 1/4 - 38 1/4	38 1/4 - 39 1/4	39 1/4 - 40 1/4
F. Outer Arm (Inches)	20 1/4 - 21 1/4	21 1/4 - 22 1/4	22 1/4 - 23 1/4	23 1/4 - 24 1/4	24 1/4 - 25 1/4	25 1/4 - 26 1/4	26 1/4 - 27 1/4	27 1/4 - 28 1/4	28 1/4 - 29 1/4	29 1/4 - 30 1/4	30 1/4 - 31 1/4	31 1/4 - 32 1/4
G. Height (Inches)	5'3" - 5'4"	5'4" - 5'5"	5'5" - 5'6"	5'6" - 5'7"	5'7" - 5'8"	5'8" - 5'9"	5'9" - 5'10"	5'10" - 5'11"	5'11" - 6'0"	6'0" - 6'1"	6'1" - 6'2"	6'2" - 6'3"

MEN'S APPAREL CONVERSION CHART (CM)												
Euro Size	42	44	46	48	50	52	54	56	58	60	62	64
International Size	XXS	XS	S	M	L	XL	XXL	3XL	4XL			
U.S. Size	32	34	36	38	40	42	44	46	48	50	52	54
U.S. Pant Size	26	28	30	32	34	36	38	40	42	44	46	48

A. Chest (cm)	82-86	86-90	90-94	94-98	98-102	102-106	106-110	110-114	114-118	118-122	122-126	126-130
B. Waist (cm)	68-72	72-76	76-80	80-84	84-88	88-92	92-96	96-100	100-104	104-108	108-112	112-116
C. Hip (cm)	83-87	87-91	91-95	95-99	99-103	103-107	107-111	111-115	115-119	119-123	123-127	127-131
D. Thigh (cm)	50-51	52-53	54-55	56-57	58-59	60-61	62-63	64-65	66-67	68-69	70-71	72-73
E. Inseam (cm)	73-74	75-76	77-78	79-80	81-82	83-84	85-86	87-88	89-90	91-92	93-94	95-96
F. Outer Arm (cm)	51-52	53-54	55-56	57-58	59-60	61-62	63-64	65-66	67-68	69-70	71-72	73-74
G. Height (cm)	159-163	164-167	168-171	172-175	176-179	180-183	184-187	188-191	192-195	196-199	200-203	204-207

HOW TO MEASURE

A. Chest
Measure around the fullest part, under the armpits, keeping the tape horizontal.

B. Waist
Measure around the natural waist line, inline with the navel, keeping the tape horizontal.

C. Hip
Measure around the fullest part of your hips, about 20cm below waist line, keeping the tape horizontal.

D. Thigh
Measure around the thigh just below the crotch, keeping the tape horizontal.

E. Inseam
Stand against a wall, ask someone else to measure from the crotch to the bottom of your leg.

F. Arm Length
Measure from shoulder (Humerus) to wrist.

G. Height
Stand against a wall, ask someone else to measure from the floor to the top of your head, keeping the tape vertical.

