



YOUTH HELMET SIZING

Impact Racing Size:	Small - Two Inserts	Medium - One Insert	Large - No Inserts
Hat Size:	6 1/8 to 6 1/4	6 3/8 to 6 1/2	6 5/8 to 6 3/4
Inch Size:	19 to 19 1/4	19 1/2 to 20	20 1/2 to 21
CM Size:	49 to 50	51 to 52	53 to 54

ADULT HELMET SIZING

Impact Racing Size:	Extra Small	Small	Medium	Large	Extra Large	2X
Hat Size:	6 3/4 to 6 7/8	6 7/8 to 7	7 1/8 to 7 1/4	7 3/8 to 7 1/2	7 5/8 to 7 3/4	7 7/8 to 8
Inch Size:	20 5/8 to 21	21 5/8 to 22	22 1/2 to 22 3/4	23 1/4 to 23 5/8	24 to 24 1/2	25 to 25 3/8
CM Size:	53 to 54	55 to 56	57 to 58	59 to 60	61 to 62	63 to 64